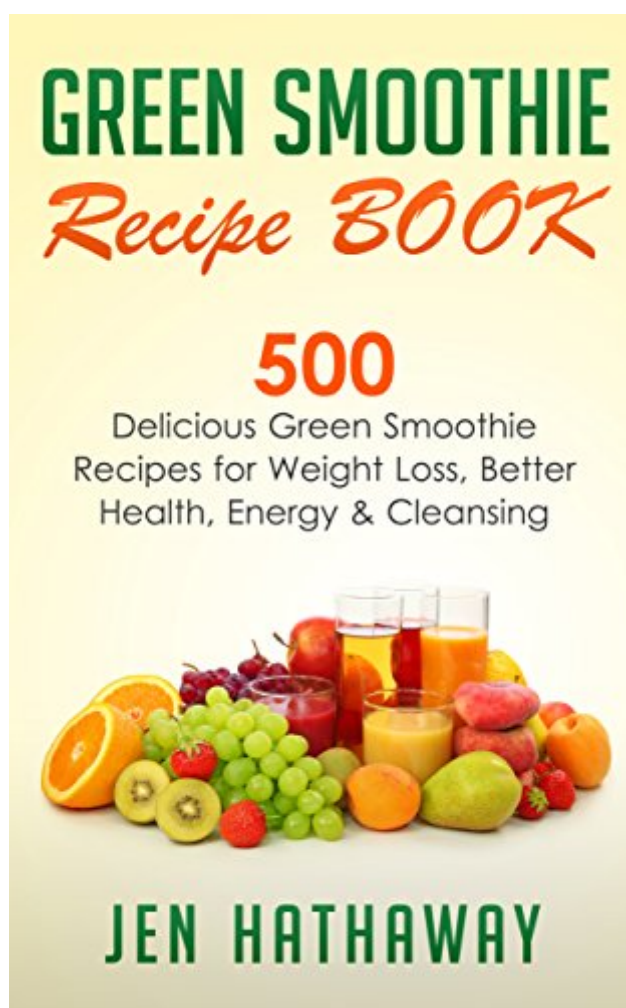


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# **Green Smoothie Recipe Book: 500 Delicious Green Smoothie Recipes For Weight Loss, Better Health, Energy & Cleansing (Green Smoothies, Nutribullet Recipe ... Juicing Recipes, Fat Loss, Cleanse, Detox)**





## Synopsis

\* \* \* Featuring 500 Delicious Green Smoothie Recipes for Weight Loss, Better Health, Energy & Cleansing \* \* \*

Let me ask you a few quick questionsâ |Would you like to improve your health?Have you attempted to lose weight, but failed because of your diet?Do you find yourself lacking time to prepare healthy meals?Would you like access to 500 delicious green smoothie recipes at the click of a button?If you answered â ^Yes!â <sup>TM</sup> to any of these questions the Green Smoothie Recipe Book is a must have, Healthy living has never been so easyToday only, get this bestseller for just \$4.99. Regularly priced at \$9.99. Read on your PC, Mac, smart phone, tablet or Kindle device.This Books is LOADED With Recipes, includingâ |Recipes for weight lossAnti-aging recipesDetox smoothie recipesGreen smoothie recipes for energyDigestion aiding smoothie recipesAnd much, much more!Download your copy today! Take action today and download this book for a limited time discount of only \$4.99! Letâ <sup>TM</sup>s Get Blending!Youâ <sup>TM</sup>ll never need to buy another green smoothie recipe book again, consider this a miniscule investment for your health & wellbeing.

## Book Information

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> Cookbooks, Food & Wine > Beverages & Wine > Juices & Smoothies

## Customer Reviews

I've been on a bit of a weight loss kick lately. Additionally, I've been trying to eat healthier, and pack more fruits and veggies into my diet. I made some smoothies before, but I wanted some variety, so I purchased this book for my Kindle. I am so glad I did! There are so many (500+) recipes with all different kinds of ingredients used. I was happy to see a lot of recipes for food I have on hand (spinach, apples, carrots, bananas, avocados, limes, etc.), which is nice because I can mix and match a lot of the foods in my fridge and keep things interesting. I also can't wait to try some of the more novel ingredients that I don't regularly have (chia, acai berry). So far I've tried the banana and oats recipe, and the orange and sweet potato smoothie (it sounds weird, but it was SO good), and they were both delicious. This informational intro, the number of recipes, and the broad amount of ingredients to mix things up make this worthy of the 5 star rating. I'm glad I purchased this book!

This is probably the best book for "Green Smoothies" and "Nutribullet". These are beverages that give you the option to use a huge variety of fruits, vegetables, and super foods in your daily routine. If you're interested in new and tasty options that will improve your health, this book is a must! The range of recipes is super wide, and to name a few of my favourite: "Almond and Lychee Smoothie" (super fast, super easy, and super tasty!), "Avocado and Pineapple" (my wife loves it!), "Kiwi Kiddie" (my baby loves it!), and of course, the amazing "Orange and Sweet Potato Smoothie". All of the recipes have clear and easy to follow instructions. You can make each one of them in a couple of minutes, and the most important - they are really delicious, not just healthy. Highly recommended!

Jen Hathaway in this book provides the reader with a seemingly endless variety of green smoothies, super healthy drinks that will be of interest to everyone who wants to eat healthy. There are so many recipes in so many flavors that, no matter what your tastes, you will find many you like. The author also explains the many health benefits of green smoothies and explains how to make them in a clear, easy-to-follow way. Buy this book and try some of them soon!

Recently I've decided to experiment a little bit with Juice Fasting. I had a few dozens recipes but I wanted to expand a little bit on the second day. I've tried experimentation but most of my experiments have been total disasters! Even though I didn't like all the recipes, I found some that were really, really good. This book is for sure the Textbook of Green Smoothies Recipes! Thanks for making my juice fasting delicious!

If you are looking for a healthy alternative to your sweet and delicious smoothies and shakes, this is the book for you. Staying in shape is already difficult, but the tasteless diet that usually goes along with doesn't help either. With this book you will be able to live a healthy lifestyle without neglecting your taste buds :)

“Nutribullet Recipe Book”, is a must need smoothie recipe book to you all. It just not only includes recipes. It contains recipes for weight loss and for better health and energy for yours as well. Here you can have more than 500 delicious green smoothie recipes with the ingredients need. I have already tried some tasty recipes myself and so happy with their taste. So I believe this one will be a book for anyone’s healthy lifestyle and this is much more worth to have it. Recommend to everyone from a happy customer here.

Always on the lookout for a new recipe book I came across the Nutribullet Recipe Book: 500+ Delicious Green Smoothie Bullet Recipes for Weight Loss, Better Health & Energy. I found the book had a lot of good recipes one I can’t wait to try is the Apple Pie Smoothie. So if you want a book that has over 500 great recipes for your Nutribullet or just your blender check out this book.

This book completely outdid itself. I have seen a lot of books on kindle that are 30, 50 or even 100 recipes but this book is packed with recipes. The recipes are fantastic and very well laid out. Great Book!

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